



**THE SOCIETY OF
MUSCULOSKELETAL
MEDICINE**
putting theory into practice

Top-Up Day-Entry requirement

1. **Evidence of SOMM Diploma in Musculoskeletal Medicine achieved in the last 5 years (since 1 April 2016).**

This diploma will have been achieved by your passing the true/false theory paper, the practical exam and the portfolio reflective essay with personal development plan.

You will have been issued with the SOMM Diploma in Musculoskeletal Medicine once you passed your portfolio reflective essay and personal development plan.

If you have lost your diploma you can request a duplicate from SOMM by contacting admin@sommcourses.org. There will be a small admin fee for its replacement (£25).

2. **If you completed your SOMM Diploma in Musculoskeletal Medicine prior to April 2016**, you will need to complete the section on the application form to evidence that your MSK practice is current (up to 1000 words).
3. **If you passed your true/false theory paper, and the practical exam but did not complete the portfolio reflective essay and personal development plan** you can still do these, and will need to, to achieve your SOMM Diploma in Musculoskeletal Medicine, and then be eligible to register on the Top-Up day.

Please note, this still applies, even if you passed your exams before 2000, before the reflective essay and personal development plan were introduced.

The guidelines, word count, marking criteria and submission information are via the link on the [Top-Up Day page](#) of the website. The fee for this is £100, payable on submission.

4. **If you completed your musculoskeletal training with an affiliated organisation** (*Currently Cyriax Foundation, ETGOM, Irish Society of Orthopaedic Medicine, Orthopaedic Medicine International (Global), OMI UK and OMS*) you are also eligible for entry onto the Top-Up day by providing evidence that you have successfully completed

the examination of the affiliated organisation (your certificate) and by completing both of the following:

- a) mapping the content of the affiliated course to the Knowledge, Skills and Attributes (KSA) document (see 'Evidence of SOMM Cross referencing to KSA') to determine that the Top-Up Day meets your needs and 'plugs' any gaps; and
- b) submitting and passing the SOMM portfolio reflective essay and personal development plan, further information [here](#) (hyperlink) prior to registering on the Top-Up Day. The fee for this is £100, payable on submission.